## STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: April 20-27, 2024

Saturday JH/HS Trap Shoot @ Otoe County Wildlife Club (Nebraska City)

April 20 MUDECAS HS Track @ JCC - 9AM - Bus leaves @ 7:08AM - schedule on back

Sunday

FFA Pancake Feed from 9AM-12:30PM @ CB - more info on back

April 21

Monday NO SCHOOL - NPPD POWER OUTAGE

April 22 TRACK PRACTICE - 8-10AM

Tuesday Breakfast: Breakfast Nuggets, Eggstravaganza, Fruit, Milk

April 23 Lunch: Chicken, Mashed Potatoes w/ Gravy, Fruit, Veggie, Salad Bar

RSH - 8th period

Pawnee City HS Track @ Pawnee City - 9AM - Bus leaves @ 7:11AM - schedule on back

Wednesday NO PRESCHOOL

April 24 Breakfast: Waffles, Sausage Patty, Fruit, Milk

Lunch: Chicken Wings, Fruit, Veggie, Salad Bar

RSH - 7th period

ACT Practice Testing (10th grade) from 8:30AM-1PM Junior Class Field Trip to Lincoln - Vans leave @ 8AM

Lewiston JH Track @ Pawnee City - 9AM - Bus/Van leave @ 7:15AM - schedule on back

TRACK PRACTICE 4-6PM Trap Practice 4:30-6PM

Thursday Breakfast: Biscuits w/ Sausage Gravy, Boiled Egg, Fruit, Milk

April 25 Lunch: Salisbury Steak, Fruit, Veggie, Salad Bar

RSH - 6th period

**UNL Mobile Science Lab** 

HS Group Picture Day - GYM - During RSH 6th Hour

TRACK PRACTICE 4-6PM

Spring Pops Concert (Grades 6-12) in the GYM - 6:30PM

Friday Breakfast: Chef's Choice
April 26 Lunch: Chef's Choice

RSH - 5th period

Golden Sower Competition (Grades 3-8) @ PSC - Bus leaves @ 8AM

Elementary Tree Planting @ Sterling Park

StuCo Father/Daughter Dance @ CB from 6:30-8:30PM - info on back

TRACK PRACTICE 4-6PM

Saturday JH/HS Conference Trap Shoot - HS @ Lincoln Trap Club - JH @ Izaak Walton

April 27 Pioneer Conf. HS Track @ Pawnee City - 9AM - Bus leaves @ 6:49AM - schedule posted ASAP

23 25 **NSCAS MATH** NO SCHOOL **NSCAS MATH** ACT (Practice) (if needed) Grade 8 - Period 1 8AM-12:30PM Approx. Grade 8 - Period 1 **NSCAS MATH** Grade 7 - Period 6 Grade 10 Grade 7 - Period 6 Grade 8 - Period 1 Grade 6 - Period 7 Grade 6 - Period 7 Grade 7 - Period 6 Grade 5 - Period 4 NSCAS MATH **NSCAS ELA** Grade 6 - Period 7 Grade 7 - Period 1 **NSCAS ELA** Grade 5 - Period 4 **NSCAS ELA** Grade 7 - Period 1 Grade 7 - Period 1 Grade 6 - Period 3 Grade 6 - Period 3 Grade 8 - Period 5 Grade 6 - Period 3 Grade 8 - Period 5 **NSCAS SCIENCE** Grade 8 - Period 5 **NSCAS SCIENCE** Grade 5 - Period 3 **NSCAS SCIENCE** Grade 8 - Period 4 Grade 8 - Period 4 Grade 5 - Period 3 (if needed Period 4)

## MUDECAS HS TRACK 4/20/24 @ JCC

#### 9AM - FIELD EVENTS

Boys Discus followed by Boys Shot Put Girls Shot Put followed by Girls Discus Girls Long Jump followed by Boys Long Jump Boys Triple Jump followed by Girls Triple Jump Girls High Jump followed by Boys High Jump Boys Pole Vault followed by Girls Pole Vault

### 12PM - RUNNING EVENTS

#### [girls then boys]

3200 Meter Relay – Final

100 Meter Hurdles – Girls Prelims

110 Meter Hurdles - Boys Prelims

100 Meter Dash – Prelims

400 Meter Dash - Finals

3200 Meter Run – Finals

200 Meter Dash – Prelims

#### Break

100 Meter Hurdles - Girls Finals

110 Meter Hurdles - Boys Finals

100 Meter Dash - Finals

800 Meter Run - Finals

300 Meter Hurdles - Finals

200 Meter Dash - Finals

1600 Meter Run - Finals

400 Meter Relay - Finals

1600 Meter Relay – Finals

# PAWNEE CITY HS TRACK LEWISTON JH TRACK 4/23/24 @ PAWNEE CITY 4/24/24 @ PAWNEE CITY

#### 9AM - FIELD EVENTS

Series I	Series II
Boys Discus	Boys Shot Put
Girls Shot Put	Girls Discus
Boys Long Jump	Girls Long Jump
Girls Triple Jump	Boys Triple Jump
Girls High Jump	Boys High Jump
Boys Pole Vault	Girls Pole Vault

#### 12PM - RUNNING EVENTS

3200 Meter Relay Finals 100/110 Meter Hurdles Prelims 100 Meter Dash Prelims

400 Meter Dash Finals

3200 Meter Run Finals

3200 Meter Rull Fillais

200 Meter Dash Prelims

#### BREAK LENGTH OF TIME: TBA

100/110 Meter Hurdles Finals

100 Meter Dash Finals

800 Meter Run Finals

300 Meter Hurdles Finals

200 Meter Dash Finals

1600 Meter Run Finals

400 Meter Relay Finals

1600 Meter Relay Finals

#### 9:30AM - FIELD EVENTS

Flight 1	Flight 2
Boys Discus	Boys Shot Put
Girls Shot Put	Girls Discus
Boys High Jump	Girls High Jump
Girls Long Jump	Boys Long Jump
Boys Triple Jump	Girls Triple Jump
Girls Pole Vault	Bovs Pole Vault

#### 12PM - RUNNING EVENTS

Girls/Boys 800 Meter Relay
Girls/Boys 1600 Meter Run
Girls/Boys 100 / 110 Meter Run

Girls/Boys 100 / 110 Meter Hurdles

Girls/Boys 100 Meter Dash Girls/Boys 400 Meter Dash Girls/Boys 300 Meter Hurdles

#### BREAK - TIME TBD

Girls/Boys 200 Meter Dash Girls/Boys 800 Meter Run Girls/Boys 400 Meter Relay Girls/Boys 1600 Meter Relay



Pancakes, Sausage, & Juice

Free will donation



